

ENTRANCE ANTIPHON

The Spirit of the Lord has filled the whole world
and that which contains all things
understands what is said, alleluia.

GLORIA

Glory to God in the highest,
and on earth peace to people of good will.

We praise you,
we bless you,
we adore you,
we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us;
you take away the sins of the world,
receive our prayer;
you are seated at the right hand of the Father,
have mercy on us.

For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.

COLLECT

O God, who by the mystery of today’s great feast
sanctify your whole Church in every people
and nation,
pour out, we pray, the gifts of the Holy Spirit
across the face of the earth
and, with the divine grace that was at work
when the Gospel was first proclaimed,
fill now once more the hearts of believers.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of
the Holy Spirit,
God, for ever and ever.
Amen.

FIRST READING

Acts 2:1-11

A reading from the Acts of the Apostles.
When Pentecost day came round, the apostles
had all met in one room, when suddenly they
heard what sounded like a powerful wind
from heaven, the noise of which filled the
entire house in which they were sitting; and
something appeared to them that seemed like
tongues of fire; these separated and came to
rest on the head of each of them. They were
all filled with the Holy Spirit, and began to
speak foreign languages as the Spirit gave them
the gift of speech.

Now there were devout men living in
Jerusalem from every nation under heaven,
and at this sound they all assembled, each
one bewildered to hear these men speaking
his own language. They were amazed and
astonished. “Surely” they said “all these
men speaking are Galileans? How does it
happen that each of us hears them in his
own native language? Parthians, Medes and
Elamites; people from Mesopotamia, Judaea
and Cappadocia, Pontus and Asia, Phrygia
and Pamphylia, Egypt and the parts of Libya
round Cyrene; as well as visitors from Rome
– Jews and proselytes alike – Cretans and
Arabs; we hear them preaching in our own
language about the marvels of God.”

The word of the Lord.
Thanks be to God.

PSALM

Psalms 103

Response:

Send forth your Spirit, O Lord,
and renew the face of the earth.
or
Alleluia!

1. Bless the Lord, my soul!
Lord God, how great you are.
How many are your works, O Lord!
The earth is full of your riches. (R.)
2. You take back your spirit, they die,
returning to the dust from which they
came.
You send forth your spirit, they are
created;
and you renew the face of the earth. (R.)
3. May the glory of the Lord last for ever!
May the Lord rejoice in his works!
May my thoughts be pleasing to him.
I find my joy in the Lord. (R.)

SECOND READING

Romans 8:8-17

A reading from the letter of St Paul to the
Romans.

People who are interested only in unspiritual
things can never be pleasing to God. Your
interests, however, are not in the unspiritual,
but in the spiritual, since the Spirit of God
has made his home in you. In fact, unless you
possessed the Spirit of Christ you would not
belong to him. Though your body may be
dead it is because of sin, but if Christ is in you
then your spirit is life itself because you have
been justified; and if the Spirit of him who
raised Jesus from the dead is living in you,
then he who raised Jesus from the dead will
give life to your own mortal bodies through
his Spirit living in you.

So then, my brothers, there is no necessity
for us to obey our unspiritual selves or to live
unspiritual lives. If you do live in that way,
you are doomed to die; but if by the Spirit
you put an end to the misdeeds of the body
you will live.

Everyone moved by the Spirit is a son of
God. The spirit you received is not the spirit
of slaves bringing fear into your lives again;
it is the spirit of sons, and it makes us cry out,
“Abba, Father!” The Spirit himself and our
spirit bear united witness that we are children
of God. And if we are children we are heirs
as well: heirs of God and coheirs with Christ,
sharing his sufferings so as to share his glory.

The word of the Lord.
Thanks be to God.

SEQUENCE

The Sequence may be said or sung.

GOSPEL ACCLAMATION

Alleluia, alleluia!
Come, Holy Spirit, fill the hearts of your
faithful
and kindle in them the fire of your love.
Alleluia!

GOSPEL

John 14:15-16. 23-26

A reading from the holy Gospel according to
John.

Jesus said to his disciples:

“If you love me you will keep my
commandments.
I shall ask the Father

and he will give you another Advocate
to be with you for ever.

“If anyone loves me he will keep my word,
and my Father will love him,
and we shall come to him
and make our home with him.
Those who do not love me do not keep my
words.

And my word is not my own;
it is the word of the one who sent me.
I have said these things to you
while still with you;
but the Advocate, the Holy Spirit,
whom the Father will send in my name,
will teach you everything
and remind you of all I have said to you.”

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

PROFESSION OF FAITH

I believe in God,
the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
(all bow during the next two lines)

who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the
Father almighty;
from there he will come to judge the living
and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting.
Amen.

PRAYER OVER THE OFFERINGS

Grant, we pray, O Lord,
that, as promised by your Son,
the Holy Spirit may reveal to us more
abundantly
the hidden mystery of this sacrifice
and graciously lead us into all truth.
Through Christ our Lord.
Amen.

COMMUNION ANTIPHON

They were all filled with the Holy Spirit
and spoke of the marvels of God, alleluia.

PRAYER AFTER COMMUNION

O God, who bestow heavenly gifts upon your
Church,
safeguard, we pray, the grace you have given,
that the gift of the Holy Spirit poured out upon
her
may retain all its force
and that this spiritual food
may gain her abundance of eternal
redemption.
Through Christ our Lord.
Amen.

THE WORD

JESUS PROMISES
THE HOLY SPIRIT

(JOHN 14:15-16. 23-26)



Our reading from Romans and John’s Gospel offer a wonderful
description of how the Holy Spirit can directly impact on our lives if we
allow this to happen.

St Paul is very clear that the Spirit lives in us and this is not to be questioned. We are after
all “heirs of God and coheirs with Christ” and therefore the implication is that the people
of God are considered an inextricable part of this unity. The demand for us believers is to
live by the Spirit, to live within the Spirit that has been given to us freely. Arising out of
our witness to the Spirit, the Spirit will in turn give us life as it gave life to Jesus in raising
him from the dead.

Then John’s Gospel presents us with the great promise of Jesus. We no longer should let
our hearts be troubled by fear or anxiety for the Spirit has been sent to us by a loving God.
The context for Jesus’ promise of course is the recognition that there are testing times
ahead for this group of followers. But the idea of an interactive relationship between
God and God’s people is a new one. Up to this point, the faith of the people was very
much hierarchical in nature. Staring up into the heavens, prayers were spoken and
offerings were made. This Spirit of John’s Gospel encourages a reciprocal relationship
between God and all believers: “love our Lord Jesus Christ and God the Father will love
you in return”. ■

REFLECT

We are very dependent upon
electricity, an invisible power
which we usually detect by
its effects, for example, light, heat and
domestic appliances such as washing
machines. If our supply of electricity is
interrupted, then a sense of crisis or panic
can result, especially for people who live
in high-rise buildings and depend on lifts
for moving around.

We can perhaps use this example when
we consider the Holy Spirit on this feast
of Pentecost. A light bulb is a somewhat

unimpressive object, made of metal and
glass, which can be easily and safely
handled. But when it is connected to a
source of electricity, it becomes a source
of light and heat, which we cannot look
at directly or hold in our hand. The Acts
of the Apostles shows the disciples
going out and preaching directly, full of
confidence in their message.

The scriptures are not simply historical
records of what happened a long time
ago. They have a lesson for us today.
We are being invited today to consider

LEARN

In John’s Gospel, the disciples play no active
part in the ministry of Jesus.

The word “apostle” means “one who
is sent”.

The appearance of Jesus to the disciples
after his resurrection is the occasion when
they become apostles.

The forgiving of sins in the Fourth Gospel is
connected with baptism: the sacrament of
reconciliation is a later development in the
church community.

SAY

Come, Holy Spirit, fill the
hearts of your faithful.

DO

Switch on the light or lamp: consider how
the bulb is transformed by the electrical
current. How might the Holy Spirit transform
your life if you truly connect with the Spirit?



how the Holy Spirit may be present and
active in our own lives. If we decide to
live as disciples of Jesus, we are not left
on our own to live up to the values of the
Gospel, but Jesus promises us the help
and strength of the Holy Spirit. However,
we have our part to play in this, it is not
something simply automatic: like any
electric appliance, we have to plug in to
the source of power if we are to function
at our full potential. Thus, prayer and
the sacraments keep us connected to the
Holy Spirit. ■